

David W. Helton

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Education

UNIVERSITY OF NORTH TEXAS

- Bachelor of Arts in Psychology, 1983
Earned degree in three years, minor in Sociology

UNIVERSITY OF TEXAS AT ARLINGTON

- Masters of Science in Social Work, 1994, 3.75 GPA
- Texas State Teaching Certification for Secondary School, English & Psychology, 1988
- Ph.D. program in Social Work, completed all required coursework with a 3.90 GPA (4.0 GPA on social work courses), completed All But Dissertation (ABD); no degree conferred

Licenses & Certifications

Licensed Master Social Worker, # 25327

Licensed Chemical Dependency Counselor, # 3118

Certified Secondary School Teacher in English and Psychology

Certified Trainer of Substance Abuse Subtle Screening Inventory (SASSI)

Certified Trainer in National Registry of Trainers for NIDA-SAMHSA Blending Initiative on “Buprenorphine Treatment: A Training for Multi-Disciplinary Addiction Professionals”

Memberships & Awards

Psi Chi Lifetime Member (National Honor Society in Psychology)

Phi Alpha Lifetime Member (National Honor Society in Social Work)

Awarded “Who’s Who Among Students in American Colleges and Universities” by the University of Texas at Arlington School of Social Work in 2003

Employment

David Helton Training and Consulting, PLLC

INDEPENDENT CONSULTANT/TRAINER

September 2010 – Present

- Long-term, open-ended consulting services to Nexus Recovery Center, a Joint Commission-accredited substance abuse treatment agency in Dallas. Provide consultation on data management and analysis, quality assurance, compliance, grant writing and the state-mandated web-based client data system, CMBHS.
- Grant application writing for over 25 years. Over \$25 million won in federal, state and county grants. Most recently won a \$318,000 federal SAMHSA Drug Court expansion grant for the Dallas County, Texas Criminal Justice system in 2015, a Peer Recovery Support Services award for Nexus Recovery Center in Dallas, Texas from the Texas Department of State Health Services in 2014 and a federal SAMHSA Peer Recovery Support award for \$500,000 per year for Communities for Recovery in Austin, Texas in 2013.
- Provide professional training around the state on various behavioral health-related topics including assessment, screening, treatment planning, and emerging drug trends. Have provided professional training on the Substance Abuse Subtle Screening Inventory (SASSI) for 26 years, largely to adult and adolescent community supervision and corrections departments around the state of Texas as well as private practice counselors, school counselors, education program providers.

- Professional grant reviewer for Substance Abuse Mental Health Services Administration (SAMHSA), Health Resources Services Administration (HRSA), Department of Justice (DOJ), Department of Education (DOE), Center for Disease Control (CDC) and others for the past 17 years.

UNIVERSITY OF TEXAS AT ARLINGTON

August 2010 to May 2011

Last Title: Adjunct Instructor

- Taught graduate level course on social work supervision in the department of Social Work

MHMR OF TARRANT COUNTY - ADDICTION SERVICES DIVISION

November 1999 to August 2010

Last Title: Division Director

- Assisted in oversight of all community-based non-profit programs in the CARF-accredited Division (7.5 million dollar budget and approximately 110 staff), including a 50 bed intensive residential, a 12 bed detox program, ambulatory detox and outpatient for adult substance abusers (mainly criminal-justice-involved) and the Tarrant Youth Recovery Campus (adolescent residential for mainly criminal-justice-involved males and outpatient for males and females).
- Assisted in oversight of all grant-funded HIV-related programs including the HIV Street Outreach program and the HIV Early Intervention (HEI) Case Management program.
- Responsible for program evaluation for all programs within the Division.
- Acted as Clinical Training Institute (CTI) Coordinator to oversee all activities related to counselor interns.
- Coordinated all grant writing and program development. While at the agency, wrote or assisted in writing numerous grant proposals on the city, county, state and federal levels that received grant awards totaling approximately 25 million dollars.
- Acted as Security Administrator and trainer for State of Texas web-based client data management systems (BHIPS and CMBHS).
- Acted as Technology Liaison to the IT department for the Division.
- Extensive collaboration with criminal justice professionals such as probation/parole and court systems in Tarrant County, HUD-funded housing programs, adult and child protective services professionals among others.

WEATHERFORD COLLEGE

JANUARY 2009 – 2013

LAST TITLE: ADJUNCT INSTRUCTOR

- Taught “Assessment & Case Management” and “Pharmacology of Addiction”
- Instructed and monitored practicum students and interns at their field placements

PROTECTIVE SERVICES TRAINING INSTITUTE OF TEXAS

1999 – 2003

LAST TITLE: CONTRACTED TRAINER FOR UNIVERSITY OF TEXAS AT AUSTIN

- Facilitated workshops all over the state of Texas for Protective Services workers on various topics such as Adolescent Substance Abuse, The Tangled Web: Women, Children and Addiction, and Understanding the Challenges of Parenting Fetal Alcohol Syndrome and other Drug-Affected Children

TARRANT COUNCIL ON ALCOHOLISM AND DRUG ABUSE

August 1989 to August 1999

Last Title: Clinical Program Director

- Prevention Education Specialist to facilitate children’s curriculum-based support groups, Family Education series and to teach drug education to adolescents, adults and corporations.
- Promoted to Lead Prevention Education Specialist with responsibility to help coordinate efforts of all education specialists.
- Promoted to Counselor/Case Manager & Arlington Office Coordinator with responsibility for screening, assessment, service planning, brief intervention counseling, and case management

with clients, coordination of office and all aspects of Community Development Block Grant funding through City of Arlington including writing grant and presenting to City Council.

- Intensive case management working exclusively with HIV+ substance abusers. Dealt extensively with probation/parole officers, child protective services and an array of community service providers to help meet medical, legal, employment, family, and psychiatric needs.
- Promoted to Case Management Director. Responsible for supervision of 18 case managers and 2 Program Managers. Responsible for writing new grants, monitoring over 10 current grants for quality assurance and compliance with regulations , budgeting for approximately ten sub-departments within the case management department totaling approximately 3/4 million dollars, developing new programming, developing outcome evaluation strategies for all programs, and designing policies and procedures for all programs. Also provided trainings for other professionals in the field on the use of certain well known substance abuse screening and assessment tools (SASSI and ASI) as well as designed and maintained the agency's Internet web page.

CPC OAK BEND HOSPITAL

1990-1991

Mental Health Technician

Part-time job while at Tarrant Council

LENA POPE HOME

1992- 1993

Masters Program Intern

Worked with troubled adolescents in residential setting (mostly court-ordered criminal-justice-involved) doing individual and group counseling and developing anger control training curriculum.

CHILD PROTECTIVE SERVICES

1993-1994

Masters Program Intern

Worked for nine months in emergency night intake unit taking crisis calls and responding to first priority calls by doing field investigation. Worked extensively with police and other law enforcement.

GENERAL CINEMA THEATERS

June 1987 to July 1989

Last Title: Theater Manager

Originally hired as Assistant Theater Manager and was eventually promoted to Theater Manager with responsibility for the entire movie theater operation including direct supervision of approximately 20-30 employees.

ENTERPRISE LEASING COMPANY

May 1983 to October 1986

Last Title: Assistant Office Manager

Originally hired as Rental Car Representative, then promoted to Assistant Office Manager.

Achievements

- Served on Substance Abuse Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Prevention (CSAP) Knowledge Development Standing Grant Review Committee beginning in 2000; have continued to serve on several Center for Substance Abuse Treatment (CSAT) and CSAP ad hoc grant review committees.
- Chair of the Peer Grant Review committee for the Texas Department of State Health Services, Mental Health and Substance Abuse Division from 2006-2009.
- Co-published an article, Qualitative and Quantitative Analysis of a Course Taught via Classroom and Internet Chatroom, in a refereed journal, *Qualitative Social Work: Research and Practice, Vol 1,*

Number 1, March 2002.

- Co-presented the above study at the National Council on Social Work Education (CSWE) conference in Dallas, Texas in 2001.
- Published an article, Online Therapeutic Social Service Delivery (Therap-pc): A State of the Art Review, in a peer-reviewed journal, *The Journal of Technology in Human Services, Vol.21(4), 2003.*
- Won a SAMHSA/CSAT Travel Award to attend the “College on Problems in Drug Dependence Conference” in Puerto Rico, June 11-17, 2004.
- In the past 15 years, have written or assisted in writing numerous grant proposals on the city, county, state and federal levels that have received grant awards totaling over 25 million dollars.

Skills

- Extensive skills in grant writing, program evaluation, compliance auditing, development of policies and procedures, professional training/teaching, attention to fine detail.
- Better than average computer knowledge and ability, including 9 credit hours of graduate level coursework in computer systems.
- Have worked extensively in helping develop and test web-based electronic medical records such as the State-mandated Behavioral Health Provider System (BHIPS) and Clinical Management for Behavioral Services (CMBHS) system, and the MHMR agency data system, Project Topaz.
- Extensive knowledge in the area of social service provision via the Internet.
- Counseling skills
- Extensive abilities in training other professionals.